Tolland Football Club Smoking Policy

The Tolland Football Club is committed to the safety and wellbeing of all our senior members, officials, supporters and volunteers and young people associated with our club. We support the rights of all these people and will act without hesitation to ensure that a safe environment is maintained at all times. We also support the rights of all listed above who can smoke legally. We ask all associated with our club when smoking legally to consider the wellbeing of all our other members and volunteers. We encourage legal smokers to be aware of the following laws and club policy in regard to smoking at club games, training, functions or events.

Rationale:

Environmental tobacco smoke is a potential health risk and there is now sufficient evidence that passive smoking (the involuntary inhalation of side-stream and second-hand tobacco smoke) increases the risk of at least some diseases, particularly disorders and diseases of the respiratory system. Not only do players who smoke reduce the physical level at which their bodies can perform, they are also promoting a product which is hazardous to health and in conflict with the image of sport. To highlight these facts, FIFA has not accepted advertising from sponsors in the tobacco industry since 1986.

The effects of smoking are stated below:

- Nicotine is a stimulant drug that acts upon the central nervous system and is highly toxic. Nicotine is twice as deadly as arsenic and at least four times more lethal than cyanide. If the total nicotine content of one to two days of smoking was consumed in one dose it would cause death in a matter of minutes.
- Inhaled smoke from a cigarette contains carbon monoxide, ammonia, hydrogen cyanide, nicotine, toluene, phenol and benzpyrene.
- A significant aspect with smoking is that non-smoking participants are subject to side stream smoke, which contains all of the above ingredients plus a number of additional gases and poisons that are not normally inhaled by the smoker due to the cigarette filter. These gases include formaldehyde, acrolein, vinylpyridine, naphthalene and naphthylamine.
The carbon monoxide from a cigarette is rapidly absorbed in the blood stream in preference to oxygen and therefore reduces the amount of oxygen that can be carried by the red corpuscles. The tar in a cigarette reduces that elasticity of the air sacs and so restricts the volume of oxygen that can actually attempt to enter the blood stream.

Smoking also increases the heart rate whilst at the same time reducing the quantity of blood flow by causing the elevation of players’ blood pressure.

Policy Application

The Board of Football NSW and Tolland Football Club has endorsed the following rulings which remain effective:

1. 2.1 The banning of smoking by players for the duration of the match in which he or she is participating, and which is under the control of Football NSW, or any of its Members or affiliates, and;
2. 2.2 The banning of smoking by staff, officials, players, referees and volunteers in technical areas, access ways to and from the field of play, canteen servery and preparation areas, dressing rooms, change rooms and medical rooms.
3. 2.4 Where grounds are leased from Council, local Associations and Clubs should also ensure adherence to any Council regulations relating to smoking.

NB:

Smoking Ban in Spectator Areas of Sports Grounds

NSW LEGISLATION

Smoking has been banned in NSW since 7 January 2013 in spectator areas of all sports grounds during organised sport events. The new legislation applies to all sports grounds whether Council owned, Public or Privately owned and operated.

PENALTIES

Fines of up to $550 apply for breaches by individuals who fail to comply with the new smoking regulations.

NSW Health Inspectors and Tobacco Compliance Officers are permitted to issue fines to individuals who breach the regulation.

COUNCIL REGULATIONS

Our Council prohibit smoking at all Council owned sports grounds and venues through Council policy.
FFA REGULATIONS

The FFA No Smoking policy as contained in the FFA Member Protection Policy applies to all levels of football:

1. No smoking shall occur at or near any sporting event or competition involving persons under the age of 18, and this Policy applies to all coaches, players, trainers, officials and volunteers.
2. Social functions shall be smoke free, with smoking permitted at designated outdoor smoking areas;
3. Coaches, officials, trainers, volunteers and players will refrain from smoking and remain smoke free while involved in an official capacity for any Governing Body, Club or Representative tea, on and off the field.

NO SMOKING SIGNS

No-smoking signage at sports grounds is not compulsory however it is recommended that No Smoking signs be displayed at grounds and venues to assist in the awareness of the regulations.

NB: All people smoking in inappropriate or illegal areas will be simply asked to stop smoking or move to the correct distance or area. The club will only implement sanctions mentioned in this policy if:

1. a person continually breaches aspect of this policy
2. a person refuses to stop smoking all move onto the correct areas.
3. The club receives a request via a club official or committee member to enforce any aspect of this policy.
4. A health inspector, working member of the local council or other recognised official requests the club to enforce it smoking policy.

Club Policy On Smoking

The club acknowledges and respects the rights of our members, players, officials, volunteers and supporters to legally smoke. The club insists that all people mentioned above connected to our club or other clubs in the association or other clubs who we may play against respect and exercise all current laws related to smoking. This also includes local council laws related to smoking. The consideration and wellbeing of all non smoking people associated with our club or other clubs must be respected. Lets keep it simple smoke in the correct places or appropriate distances stated in current laws.
What Happens If You Breach This Policy?

It is a breach of this Policy for any person or organisation to which this Policy applies, to do anything contrary to this Policy. The club executive classifies a breach of this policy to be either minor or major. Minor offences always start at step one while a major breach of policy goes straight to step two.

The Club may impose disciplinary sanctions on members, players, officials, volunteers or supporters in accordance with the stated recommendations of this policy not being implemented/followed and may implement the following maximum sanctions:

**Step one:** For minor incidents of breaching this policy the offender concerned is warned and their inappropriate behaviour explained by the Club representatives. This will always involve a clear warning not to repeat a further policy breach. The offender will clearly understand that if further policy breaches occur they will receive some sanctions stated in the Media Policy. The incident is recorded. A written notification will be supplied to the offender.

**Step two:** Following a second incident of any breach of this policy by the same offender (name already recorded) the offender will be given one of the sanction/s outlined below.

(a) the imposition of a fine (maximum $200);
(b) suspension up to a maximum of 12 Matches; or
(c) expulsion from the Tolland Football Club (delisted as a registered player or official)
(d) ban from attending club matches, training sessions, club events/fund raisers or club outings (maximum 12 weeks/matches).

**NOTICE AND DISCIPLINARY SANCTIONS**

The Club may enforce the terms of this policy and invoke the sanctions only if it has given the party alleged to have infringed this policy:

(a) reasonable details of the alleged infringement;
(b) notice of possible sanctions; and
(c) the opportunity to be heard in relation to the issues of infringement and sanction.

The imposition of a sanction is immediate or as otherwise notified by the party imposing the sanction.

If a Member disputes the sanction or purported action taken under this policy that party may appeal in accordance with the Grievance Resolution Regulations (outlined in the club constitution) provided that it does so within 7 business days of notice of the sanction.
What Can I Do If I’m Issued With Any Of The Above Sanctions?

Accept the issued sanction or seek advice from club officials, the Club MPIO officer or other sources to lodge an appeal as stated in the grievances procedures written in the club constitution.

TFC Committee
2017